

PRESS RELEASE



PHE Department organises 5-Km Run to Mark

Rajya Jal Utsav and Lok Jal Utsav 2026 in South West Khasi Hills District

Mawkyrwat, August 29, 2026: The Office of the Public Health Engineering (PHE) Department, Mawkyrwat Division, in collaboration with the District Sports & Youth Affairs and under the Jal Jeevan Mission, organise a 5-KM Run with the theme, "Celebrating Water - Securing Sources" as part of the celebration of Rajya Jal Utsav and Lok Jal Utsav 2026 in South West Khasi Hills District.



The run commenced from the PHE Office and proceeded through ĩew Mawleiñ-Jakrem, ĩew Sakwang, ĩew Pyndensakwang and the District Court, before concluding at the PHE Office. The 5-KM Run was divided into four categories: Category A – Male (15–35 years) 46 participants, Category B – Male (35+ years) 18 participants, Category C – Female (15–35 years) 15 participants, and Category D – Female (35+ years) 11 participants.





Winners in each category will receive ₹5,000 for the first position, ₹3,000 for the second position and ₹2,000 for the third position. In addition, five consolation prizes of ₹1,000 each will be awarded in each category.



The winners of the 5-KM Run were declared across four categories. In Category A – Male (15–35 years), Wonderful Paliar secured the first position, followed by Jinesfulson Hoojon in second place and Bankerlang Kharjahrin in third place. In Category B – Male (35+ years), Tlanding Wahlang emerged as the winner, with Jomsingstar Ramsiej securing the second position and Wanbokstar Wanniang taking third place.



In Category C – Female (15–35 years), Phidashisha Lyngdoh secured the first position, followed by Larisha Thongnibah in second place and Elfidary Wartde in third place. Meanwhile, in Category D – Female (35+ years), Twina Pariong emerged as the winner, with Thlingda Wanniang securing the second position and Rolinda Wanniang taking third place.



Shri E. Khongthiang, SDO (TC), PHE Mawkyrwat Division, attended the programme as the Chief Guest and flagged off the run at the starting point in the presence of officials and staff of the PHE Mawkyrwat Division and the District Sports Office, South West Khasi Hills District.