

PRESS RELEASE



Chief Minister inaugurates three Mobile Medical Units (MMUs) in Shillong

Shillong, September 15, 2026: In a significant step towards strengthening accessible and preventive healthcare at the last mile, the Hon'ble Chief Minister of Meghalaya, Shri Conrad K. Sangma, today inaugurated three Mobile Medical Units (MMUs) in Shillong.



Supported by Altius under its CSR initiative and implemented by Apollo Foundation – Total Health, the MMUs will serve communities across Mawpat, Pynursla and Baghmara, covering an estimated 93 villages and a combined population of over 2,00,000 people, based on baseline catchment mapping carried out by Apollo Foundation – Total Health.

Mawpat and Pynursla are Community and Rural Development (C&RD) Blocks in East Khasi Hills district, while Baghmara in South Garo Hills district. Within these blocks, the three MMUs will cover close to 45 villages in Mawpat, 26 villages in Pynursla, and 22 villages in Baghmara, together forming the initiative's core catchment area.

Each MMU is staffed by doctors and trained medical personnel, and equipped with essential medical equipment for primary care, technology-enabled EMR services and medicines – enabling the teams to provide consultations, basic diagnostics, treatment and follow-up services within the communities they serve. The units will also facilitate referrals to appropriate higher healthcare facilities when further investigation or specialised treatment is required.

A key focus of the programme will be the prevention, screening and management of non-communicable diseases (NCDs). Through regular medical outreach and health education, the MMUs will encourage timely screening and diagnosis while supporting individuals in managing conditions that require continued care. The MMUs will also provide a platform for targeted healthcare interventions based on community needs, including cancer screening and vision health services.

Addressing the gathering, Hon'ble Chief Minister Conrad K. Sangma said: “From 2018 onwards, it has been the endeavour of our Government to focus on the social sectors. While infrastructure and GDP are important, it is meaningless if the benefits cannot reach every



citizen. That is why health and education have been given top priority.”

“When we took over, Meghalaya was at the bottom in almost everything, especially health and education. The journey was not easy. We started by identifying the real cause of the problems and then creating very specific, focused actionables. Technology played a very important role in that.”

Emphasizing on outcome over optics, the Chief Minister added:

“Launching the ambulance is the easiest part. The real happiness will come when we save lives, when we are able to provide that medicine to the child, when we are able to attend to the poor, the needy and the elders. This launching will be meaningless if at the end of the day it is lying in some parking lot. It's not about the Foundation, not about the ambulance, not about the doctors – it's about the patient and the lives that we save. If that thought process goes inside every person working on this, that will be the real success of this program. This will be a major game changer for last-mile healthcare delivery in Meghalaya.”

He also noted the need for stronger digital connectivity for such tech-enabled health interventions, mentioning feedback received during his public interaction program, CM Connect.



Altius and Apollo Foundation – Total Health reaffirmed their commitment to the Government of Meghalaya to strengthen public health systems in the State, and thanked the Government for its support in enabling the initiative. The partnership reflects a shared commitment to strengthening the State's healthcare ecosystem and complementing ongoing efforts to build a healthier Meghalaya.