

ADVISORY FOR RAINFALL

This is to inform all public that with the onset of the monsoon season the following are the safety precautions to be taken:-

1. People are required to take extra care during heavy rainfall as there is a likelihood of flash floods, especially in areas near the rivers and streams.
2. People are requested not to go near the waters OR walk through moving water and stay away from streams, drains, culverts, etc.
3. Don't drive through flooded areas and stay away from electric poles or power lines to avoid electrocution.
4. Students are advised not to cross rivers and streams during heavy rain.
5. Tourists visiting the tourist spots are also advised not to venture into streams, rivers and waterfalls.

JINGMAHAM NA KA BYNTA KA JINGJURSLAP

Kane ka long ka jingpyntip paitbah ba namar ka jingwan jong ka lyuir kine harum ki long ki lad jingiada:-

1. Ki nongshong shnong kidei ban long kiba phikir ban iada ialade namar ka jingshleï um ka lah ban jia hadien jong u lapbah khamtam ha ki jaka kiba harud jong ki wah bad ki wahduid.
2. Kiar na kaba jam ia ki wahduid , ki nala bad ki wah haba don ka jingshleï um.
3. Wat tur ne niah ia ki kali haba don ka jingshleï um bad kiar na ki post elektrik ban lait naka jingshah bat ha ki bor elektrik.
4. La kyntu ia ki khynnah skul ban kiar na kaba jam ia ki wahduid bad ki wahbah ha ka por ba jur slap. La kyntu ruh ia ki nongwan jngoh kai pyrthei ban kiar na ka ba tur sha ki wahduid, ki wah bad ki kshaid.



ADVISORY FOR HEAVY RAINFALL, THUNDERSTORM AND LIGHTNING

1. Ensure safe keeping of all objects such as lumber piles, loose tin sheets, loose bricks, garbage cans, sign boards etc. which might be blown away in strong wind.
2. Switch off all electrical appliances like electric iron, mobile charger, television set etc. if the lightning persists.
3. People are required to take extra care during heavy rainfall as there is a likelihood of flash flood, especially in areas near the rivers and streams.
4. People are requested not to go near the waters or walk through moving water and stay away from streams, drains, culverts, rivers and waterfalls, etc. Currents can be deceptive and shallow, fast moving water can knock you off your feet.
5. Don't drive through flooded areas and stay away from electric poles or power lines to avoid electrocution.
6. Do not venture into streams, rivers and waterfalls.

JINGMAHAM NA KA BYNTA KA JINGJUR SLAP, LYER BAD U PYRTHAT

1. Khmih bad pynskhem bha ia ki tiar ki tar kiba lah ban shah rong ha ka lyer kum ki thup dieng, ki tin-sop lane mawit ba shong synjor, ki tin/ sop theh nuit, ki sign board bad kiwei kiwei ki mar kiba lah ban shah rong ha ka por ba jur lyer. Lada ka jingba leilieh ka long kaba jur bad nehslem kan bha shibun ban nym pyndonkam ne ban pynmeh ia ki tiar elektrik kum ki mobile, isteri, radio, telebision bad kiwei kiwei ki tiar kiba pyndonkam da ka bor elektrik.
2. Ki nongshong shnong kidei ban long kiba phikir ban iada ialade namar ka jingshlei um ka lah ban jia hadien jong u lapbah khamtam ha ki jaka kiba harud jong ki wah bad ki wahduid.
3. La kyntu ia ki paitbah ban kiar na kaba jam ia ki wahduid, ki wahbah bad ki kshaid ha ka por ba jur slap. Phim thikna ia ka bor jong ka bad ka um kaba jyndong bad tuid sted ka lah ban pynkyllon ia phi.
4. Wat tur ne niah ia ki kali haba don ka jingshlei um bad kiar na ki post elektrik ban lait naka jingshah bat ha ki bor elektrik.



Advisory for tourist spots in Khasi Hills District.

1. Map of the tourist spot should be displayed for information of the public.
2. Entry and exit routes should be properly indicated.
3. Tourist guides/ persons who are working in tourist spots should be trained in basic life saving skills.
4. Safety audit of structures installed at the tourist spot like railings/ bridges/ kid's playground equipments,etc. should be regularly conducted. In case of damaged, same to be rectified immediately
5. In tourist spots with boating facility, the boats, safety equipment and engines should be visually inspected before each use. Boats should not be overloaded. Wear life jackets during boating.
6. Ensure regular servicing of boat engines.
7. Only experienced boat handlers should be allowed to hire the boat. The owners shall ensure that people who hired the boat have adequate boat handling experience, are familiar with the operation of the skill cord and will wear flotation devices/ life jackets.
8. Tourist spots which allow swimming should have a life guard.
9. Check regular weather forecast from Indian Meteorological Department website.
10. Keep First Aid Box, Fire Extinguishers and Emergency Lights.
11. Display the emergency contact nos (Police (100)/ Fire Service (101)/Ambulances (108) etc for public information.



Safety tips for fishing and riverside adventure

- Check weather conditions before you proceed for fishing or any riverside camping or trekking.
- Always tell friends or family of your plans-where you are going and when you will be returning.
- Watch the water at all times as conditions can change dramatically in a short time.
- Don't venture the water into unsafe areas like deep water, slippery rocks and swampy areas.
- Wear a personal flotation device and carry safety gear and a first-aid kit.
- Wear appropriate shoes with non-slip soles.
- Check the rocks as they are slippery especially during the monsoons.
- Check water before fishing.
- Never fish alone-always fish with a friend.
- Don't drink alcohol while fishing.
- Don't swim in deep water.

Ki jingai jingmut naka bynta ki jingshngain ha ka por ba leit khwai bad ba leit sha ki rud wah

- Khmih bha ia ka jingling ka suinbneng shuwa ban leit khwai doh lane sahka ne iaikjat sharud ki wah.
- Iathuh ia ki bahaing ne ki paralok – shano phin leit bad lano phin wanphai.
- Khmih bha iaka um namar ka lah ban kylla ha kano kano ka por.
- Wat tur ruma sha ki jaka bym shngain kum ki bynta ba jylliew jong ka wah, ki maw ba syntuid bad ki jaka ba jysieh.
- Phong ki jainphong ba pynper bad rah ki tiar iada ryngkat bad ka synduk dawai.
- Phong ki juti kiba iadei ha wah bad bym pynsyntuid
- Khmih bha ia ki maw harud wah namar ki lah ban syntuid khamtam ha ka por slap.
- Khmih bha ia ka jingling ka um shuwa ban khwai.
- Wat leit khwai marwei- leit ryngkat bad ki paralok.
- Wat dih kyaid ne jingdih ba pynbuaid ha ka por ba khwai dohkha.
- Wat jngi sha ki bynta ba jylliew jong ka wah.



Safety measures for viewing galleries/ skywalks made of bamboo materials:-

1. Safety jar may be placed beneath the viewing gallery as safety precautions for tourist/ public who are climbing the gallery.
2. It may be suggested that helmets should be given to all the tourists/people who are climbing the gallery.
3. Number of people who are climbing the gallery should be restricted to a maximum of 5 nos subject to proper weighing and the total weight of such people should not exceed 250 kg .
4. Every viewing gallery shall have an entry and exit point and the same should be clearly indicated.
5. People / tourists should not walk in a group while walking/climbing the gallery.
6. The owner shall ensure regular monitoring of the gallery and take immediate corrective measures whenever required.
7. It was suggested that the construction materials i.e., bamboos, planks, etc. used in the construction of the gallery should be replaced every 6 months.
8. The viewing gallery/ sky walk should be constructed in such a manner so as to ensure that each stair is separated with a proper landing place.
9. The width of the stairs shall not exceed 1 feet with sturdy rail guard.
10. The owner shall ensure that there should be proper support in terms of trees, bamboos etc to strengthen the stairs/ gallery.
11. Bolt tools may be used alongwith local materials to strengthen the stairs/gallery.
12. Planks should be placed in the stairs to avoid slipping.
13. The Bamboos used during construction should be properly treated.



HOW TO PREVENT FIRE FROM DESTRUCTION TO LIFE AND PROPERTY.

Preventive Measures: -

- ❖ Always be cautious of open flame and naked lamps.
- ❖ Avoid smoking while retiring on the bed.
- ❖ Extinguish Cigarette ends and buds carefully before throwing.
- ❖ Isolate flammable substances & storage from the kitchen, spark and heat production equipment and rooms etc.
- ❖ Periodical check-up of all electrical Appliances & Equipment's minimise Fire hazard in the dwelling house.
- ❖ Use electronic appliances which are BIS/ISI certified.
- ❖ Extinguish all flames and switch off appliances before leaving or retiring to bed.
- ❖ Segregate Hay Stack & straw etc, at safe distance from the dwelling house.
- ❖ Burning of crackers near the house is not advisable and must be done only under supervision.
- ❖ Match box/lighters should be kept out of reach from children.
- ❖ Burning of Incense sticks must be carefully done at safe place.
- ❖ Gas stoves and regulator should be closed properly when not in use.
- ❖ Always use original gas appliances & cylinder accessories.
- ❖ Gas cylinder should always be kept upright.
- ❖ Burning of garbage and thrash in open spaces or unattended is not advisable.
- ❖ Building Bye Laws and National Building Code should be strictly adhered to during construction.

IN CASE OF FIRE EMERGENCIES.

- ❖ Communicate & inform the nearest Fire Station / Police Station or any first responder for help.
- ❖ While calling for help from Fire Station / Police Station, remember to provide correct information for correct and immediate response: -
 - (a) Specify the type of fire (normal fire/electrical/petroleum etc.).
 - (b) Correct address.
 - (c) Shortest route and proper landmark.
- ❖ During any disaster situation, operation of the fire fighter or any responder should not be disturbed.
- ❖ Assistance may be offered only when called for.
- ❖ Always stay calm don't panic yourself.
- ❖ Overcrowding hampers, the operation of the Fire Fighters and other first responder.
- ❖ Communicate timely to the concerned authority for proper help in time.

KUMNO BAN IADA IAKA JINGIM BAD JINGDON JINGEM NA KA JINGPYNJOT JONG KA JINGPLUH DING.

KI LAD JINGIADA:-

1. Long barabor kiba husiar naka ding ba meh bad ki sharak khlem jingda.
2. Kiar na ka dih duma katba dang thiah jah thait.
3. Pynlip bha ia ki khmut bad tduh sikret shwa ban bret noh.
4. Buh la ka jong ia ki kynja mar ba kem ding bad jaka set jong ki, jngai naka karma shet ba don ki phylliah ding bad ba pynmih jingkhluut.
5. Man ka por del ban khmih bniah ia ki mar ki mata elektrik khnang ban pynduna bad iada na ka jingkem ding kloï ha ki iing sah.
6. Pyndonkam ia ki tiar elektrik ba la pyntikna da ka BIS/ISI.
7. Pynlip ia ka ding bad ia baroh ki switch shwa ban leit thiah noh.

8. Pyniakhlad ia u skum kba bad phlang iap sha jngai na ki iing sah.
9. Ban pynbthei bom pataka hajan iing kam long kaba shngain, lah ban pynbthei tang haba don ki rangbah ba kitkihieh.
10. Ia ki jingpruid bad lighter dei ban buh sha ki jaka bym lah kot ki khynnah.
11. Dei ban sumar bha haba thang ia u dhup ha ki jaka ba long shngain.
12. Ia ki gas stove bad regulator del ban khang bha haba ym pyndonkam
13. Barabor pyndonkam ia ki tiar gas ba tikna bad ba shisha.
14. Ia u klong gas barabor dei ban shu buh pynieng.
15. Kam long ka bha ban thang pathar ia ki nuit ki nier bad bret thurmur ha ki jaka ba lait lane bym don nongpeit.
16. Dei ban bud tikna bha ia ki kyndon telling tei sem kat kum ka ain

HA KA POR PLUH DING: -

1. Ai jingtip kloi kloi sha ki station pynlipding no sha ki thanat Pulit ba hajan duh lane kino kino kiba kloi ban ai jingiarap.
2. Katba dang pan jingiarap na ki bor pynlipding ne ki thanat Pulit kynmaw ban ai ka jingtip kaba tikna na ka bynta ki jingiarap ba kloi katba lah:-
 - a. Pyntip ia ki jait jingpluh (ba shu pluh ding, naka light, petrol, etc.)
 - b. Ai ka jaka shong jaka sah ba tikna.
 - c. Ka lynti kaba jan tam bad jaka ba lah ban ithuh.
3. Haba don ka jingpluhding ym del ban pynthut ia ki nong pynlipding ne kino kino ki nongiarap
4. Lah ban ai jingiarap tang haba la shah khot
5. Barabor long kiba jai jai wat pynsyler mynsiem patat
6. Ka jingbun briew palat ka pynthut ia ki nong pynlipding bad ia kiwei kiba wan ha shwa jongki
7. Ka jingpyntip biang por kan iarap ia ki bor ka ain ban iarap ha ka por ba biang.

ADVISORY

This is to inform all public that with the onset of the windy season the following are the safety precautions to be taken

1. Check the house; secure loose tiles and carry out repairs of doors and windows
2. Remove dead branches or dying trees close to the house;
3. To avoid any incidences especially fire, get wiring/electricity properly checked at home.
4. Ensure safe keeping of all objects such as lumber piles, loose tin sheets, loose bricks, garbage cans, sign boards, etc which can fly away in strong winds.

JINGBTHAH BAN HUSIAR

Da kane la pyntip paidbah ba namar ka jingsdang jong ka samoi jur lyer dei ban shim ia kine ki lad ai jingiada harum:-

1. Da khmih bniah ia ki iing jong phi, pyndait skhem ia ki hynta na lah synjor kum ki saraw tnum iing lane ki maw-it bad maramot ia ki jingkhong bad ki khalki.
2. Pynkynriah lane pom noh ia ki tnat dieng ba lah iap lane ki dieng ba lah sdang iaptram kiba don hajanki iing jong phi.
3. Ban kiar na kino kino ki jingjia ba sngewsih khamtam kum ki jingpluh ding, phah ban khmih bha na ki briew ba tip shaphang ki sainar elektrik bad ka jing ring ding elektrik ha ki iing ki jong phi.
4. Buh pynskhem bha ia ki mar ba lah ban shah rong ha ka lyer kum ki thup dieng, ki tin sop iing, ki thup maw-it, ki mar ba thep ia ki nuit ki niew, ki sign boards bad kumta ter ter kiba lah ban shah rong ha ka lyer kaba jur.