

PRESS NOTE ON COVID-19

The COVID-19 is a highly infectious disease that has spread all over the world in a very short span of time since it emerged from China in December 2019.

So far, there have been no cases in our state and the Government is doing its best to keep it that way. The best way to prevent the spread of this disease is by staying back at home and social distancing yourself wherein you maintain a distance of at least 1(one) metre between individuals while going out. Hospital visits should be minimized and avoided as much as possible.

Self-declaration with correct travel history is mandatory, especially for those who have a history of travel to affected areas **during the last 2 weeks**.

1. For online Self Declaration, use this link –<http://meghalayaonline.gov.in/covid/login.htm>
2. Call 108 for any information and queries.

If we can strictly observe the following precautionary measures, we will safely pass through these tough times. Let us take an active part in the fight against this disease and strictly follow all preventive measures which are also of utmost importance -

- **Social distancing**(maintain 1-metre distance between individuals),
- **Hand hygiene** (regular and frequent washing of hands with soap and water for at least 20 seconds)
- **Cough etiquette** (cough into handkerchiefs/ tissues, or into covered part of elbow)
- **Do not spit** in public places,
- **Do not be misled** by false information.
- **Do not spread rumours**.
- **Do not panic**.

Total number of people screened for COVID-19 in the state as of 3:00 pm, 25-03-2020

District	Entry-Exit Point	For day previous to the day of Reporting	Cumulative for the District
East Jaintia Hills	Ratacherra	0	324
West Jaintia Hills	Saitsama	5	5
	Umrangsoo	0	0
	Dawki	7	1123
Ribhoi	Byrnihat	376	15938
North Garo Hills	Dainadubi	0	262
	Bajengdoba	0	283
South West Garo Hills	Garobadha	0	1148
West Garo Hills	Phulbari	0	0
	Tikrikilla	0	0
	Dalu-Killapara	0	262
Umroi - Airport			1005
NCDC- IDSP			136
Total		388	20486

We have made 13,689 phone calls till date (8:00 pm, 25-03-2020) to reach out to people who have travelled to Meghalaya from outside to identify people with symptoms.

For any emergency or queries, call 108(24x7)