

GOVERNMENT OF MEGHALAYA
DIRECTORATE OF INFORMATION & PUBLIC
RELATIONS

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Mebaai Tribal Health and Wellness Centre inaugurated

Shillong, May 2nd, 2019 : Mebaai Tribal Health and Wellness Centre (Indigenous Holistic Therapies and Kerala Massage), was inaugurated by Kong Serina Wahlang, in presence of A L Hek Minister of Health & FW, etc and a host of dignitaries at



Golflinks, Shillong. The Centre is being set up in partnership with Vasudeva Vilasam, Kerala to provide people with the unique healing of Ayurveda and experience the benefits of traditional Khasi Massage.

According to Shri A L Hek, the Centre will see the convergence of Ayurveda and Khasi traditional healing systems. The convergence of the two systems will be beneficial for the State of Meghalaya that housed more than 3000 medicinal herbs and plants besides a large number of traditional healers. Shri Hek felt that this concept of indigenous holistic therapy with Kerala massage will boost health tourism in the State as well as promote our own traditional healers and medicines through an organised platform.



Dr. Pradeep Jyoti of Kerala informed that Vasudeva Vilasam has practised Ayurveda system of healing and health care through a wide array of institutions since 1884. It was a profound voyage of discovery inspired by unflagging devotion to the purest form of medicine. Dr. Pradeep said that they will develop medicines for various diseases and take the Khasi healing system to a different level

altogether. Apart from it, he expressed his keenness to have skill development programmes for the youths by setting up institutes for their training and to set up factories for manufacturing traditional medicines.

Dr. H Bani, a well known traditional healer and an expert on medicinal plants at NEHU informed the gathering on the different types of medicinal plants found in Meghalaya. He urged the meeting to spread the message about the Centre and on the different types of treatment available in the Centre.