

PRESS RELEASE



Swasth Nari Sashakt Parivar Abhiyaan launched in North Garo Hills

Resubelpara, September 17, 2025: North Garo Hills' Deputy Commissioner, Dr. Abhishek Saini, IAS launched the Swasth Nari Sashakt Parivar Abhiyaan in the district at Salpara Playground, Mendipathar on Wednesday. The event was launched following the nationwide campaign aimed at improving healthcare services for women and children across the country. The initiative is being held jointly by the Department of Health & Family Welfare and Women and child development for a period of 15 days commencing from 17 September till 2nd October.



Deputy Commissioner, Dr. Abhishek Saini, IAS addressing the gathering said the program is being held in all CHCs, PHCs and sub centres of North Garo Hills with the aim to provide women and children access to quality care, health awareness and nutrition in the rural areas. On reducing maternal and child mortality rates, Dr Saini urged all women especially expecting mothers to opt for institutional deliveries in order to improve the overall healthcare services.



"The cost and expenses of those patients with referral cases under this campaign would also be borne by the office of the DM&HO Resubelpara," informed the Deputy Commissioner.

By focusing on women's health and nutrition, Dr Saini was hopeful that the initiative can empower women, family health and thereby contribute to the family and the society overall wellbeing.

Superintendent of Police, North Garo Hills, Shri. Pawar Swapnil Vasantrao, IPS in his speech apprised the gathering that the campaign is not only about screening of non-communicable diseases (NCD) but also for creating awareness among women population the impact of empowering women with health knowledge and access to quality health care which help build stronger families and healthier societies.

Dr. PR S Sangma, DM&HO Resubelpara, Dr. RK Sangma, Incharge DIO, Resubelpara were among others who spoke during the program.

The forth-night long campaign will host series of health screening such as maternal health and child immunization, preventive screening for NCD and cancer, anaemia testing and treatment, nutrition counselling and education.

AYUSH services including yoga will also be part of the drive.

During the launching of the campaign here, a free health check-up offering specialist services in gynaecology, paediatric, dental and oral care, eye and ENT and mental health was also held simultaneously.

